



PHENOM

2021 AVCA Phenom College Preparatory Program- Columbus, Ohio
GCCC = Greater Columbus Convention Center

THURSDAY, DECEMBER 16 th , 2021		
3:30 – 4:30 p.m.	Registration: Classes of 2024 & 2025 (Packet pick-up for Phenoms arriving on Thursday)	GCCC Connector
5 – 6 p.m.	Registration: Classes of 2022 & 2023 (Packet pick-up for Phenoms arriving on Thursday)	GCCC Connector
7 p.m.	NCAA Semifinal Match #1 (NCAA tickets will be sent electronically to the e-mail address submitted with your Phenom registration)	Nationwide Arena
9:30 p.m.	NCAA Semifinal Match #2 (NCAA tickets will be sent electronically to the e-mail address submitted with your Phenom registration)	Nationwide Arena

FRIDAY, DECEMBER 17 th , 2021		
8:30 – 9:30 a.m.	Registration: Classes of 2024 & 2025 (Packet pick-up for Phenoms arriving on Thursday evening or Friday)	GCCC Connector
9:30 – 10:30 a.m.	Registration: Classes of 2022 & 2023 (Packet pick-up for Phenoms arriving on Thursday evening or Friday)	GCCC Connector
10:30 – Noon	VPI Testing: Wave 1 Bib #'s: - Phenoms Only	GCCC Exhibit Hall A
12:15 – 1:15 p.m.	Wave 1 & 3: Athlete Behavioral Profile (ABP) Debrief – Phenoms & Parents Speaker Ryan Lisk, Lisk Associates <i>*ABP results will be e-mailed to athletes prior to the event</i>	GCCC Union Station Ballroom B
Noon – 1:30 p.m.	VPI Testing: Wave 2 Bib #'s: - Phenoms Only	GCCC Exhibit Hall A
2 – 3 p.m.	Wave 2 & 4: Athlete Behavioral Profile (ABP) Debrief – Phenoms and Parents Speaker Ryan Lisk, Lisk Associates <i>*ABP results will be e-mailed to athletes prior to the event</i>	GCCC Union Station Ballroom B
2 – 3:30 p.m.	VPI Testing: Wave 3 Bib #'s: - Phenoms Only	GCCC Exhibit Hall A
3:30 – 5 p.m.	VPI Testing: Wave 4 Bib #'s: - Phenoms Only	GCCC Exhibit Hall A
	BREAK	
7:30 – 8:30 p.m.	Conversations, Autographs & Pictures with Olympic Gold Medalist Kim Hill Moderator: Kathy DeBoer, AVCA Executive Director Speaker: Kim Hill, USA Women's Volleyball Olympic Gold Medalist (Open only to Phenoms and Parents)	GCCC Union Station Ballroom B

SATURDAY, DECEMBER 18 th , 2021		
9 – 10 a.m.	Registration: All Classes (Packet pick-up for Phenoms arriving late)	GCCC Connector
9:15 – 9:45 a.m.	Special Guest: Kerri Walsh Jennings, 4-time Olympic Beach Medalist: Your Journey to Your Best Self (Phenoms Only) Moderator: Kathy DeBoer, AVCA Executive Director Keeping Your Athlete Healthy: The 'Move Better' Initiative - Parents Moderator: Dr. Joseph Janosky, Director of Injury Prevention Program for the Sports Medicine Institute at HHS and David Gil, Performance Lab Director and head of Sports Science for VERT will present and discuss one of the most common movement faults for injury in volleyball and what players, coaches and parents can do the keep their athlete playing the sport they love. The talk will revolve around the athlete screening performed at the PHENOM program, one of the largest of its kind to quantify the prevalence of "dynamic knee valgus." In addition, HSS and PRiSM (Pediatric Research in Sports Medicine) will provide access to educational content to players and coaches to implement to help improve athlete movement health.	GCCC Union Station Ballroom A GCCC Union Station Ballroom B

10 – 10:50 a.m.	It's About More Than Just Hitting a Ball – Phenoms Only Speaker: Cassidy Lichtman, P/ATH	GCCC Union Station Ballroom A
	NCSA Presents: College Volleyball Recruiting 101 – Parents Only Moderator: Lindsay Milo, Director of Regional Recruiting	
11:00 a.m. – 11:50	What I wish someone had told me during the Recruiting Process Panel Discussion with College All-Americans – Phenoms Only	GCCC Union Station Ballroom A
	NCSA Recruiting Information & Panel Discussion with College Coaches – Parents Only Moderator: Sue Webber, NCSA Director of Volleyball	GCCC Union Station Ballroom B
1 – 2:30 p.m.	Phenom Talent Showcase – Wave 1 BIB #s TBD – <i>Phenoms Only</i>	GCCC Exhibit Hall A
1 – 2 p.m.	Next Steps for Understanding and Using the Volleyball Performance Index (avcaVPI™) - Parents of Wave 1 Phenoms Speaker: Kyle Norris, AVCA Biomechanics & Sports Science Consultant	GCCC Union Station Ballroom B
2:30 – 4 p.m.	Phenom Talent Showcase – Wave 2 BIB #s TBD – <i>Phenoms Only</i>	GCCC Exhibit Hall A
2:30 – 3:30 p.m.	Next Steps for Understanding and Using the Volleyball Performance Index (avcaVPI™) – Parents of Wave 2 Phenoms Speaker: Kyle Norris, AVCA Biomechanics & Sports Science Consultant	GCCC Union Station Ballroom B
4 – 5:30 p.m.	Phenom Talent Showcase – Wave 3 BIB #s TBD – <i>Phenoms Only</i>	GCCC Exhibit Hall A
4 – 5 p.m.	Next Steps for Understanding and Using the Volleyball Performance Index (avcaVPI™) – Parents of Wave 3 Phenoms Speaker: Kyle Norris, AVCA Biomechanics & Sports Science Consultant	GCCC Union Station Ballroom B
7:30 p.m.	NCAA Championship Match (NCAA tickets will be sent electronically through the e-mail address submitted you're your Phenom registration)	Nationwide Arena